

Wauneta-Palisade Junior High Track Invite



April 30, 2018



8:45 MT/9:45 CT - Scratch/add meeting (behind crow's nest)

9:10 MT/10:10 CT - 3200 Meter Relay

9:30 MT/10:30 CT

Field Events (No finals – 4 attempts)

Shot Put (all 4 kilo): Boys followed by Girls

Discus (all 1 kilo): Girls followed by Boys

High Jump: Boys followed by Girls

Girls Long Jump: followed by girls Triple Jump

Boys Long Jump: followed by boys Triple Jump

Pole Vault: Girls & Boys together

12:00 MT/1:00 CT

Running Events – ALL FINALS

Girls 100 meter low hurdles (30")

Boys 100 meter hurdles (33")

Girls 100 meter dash

Boys 100 meter dash

Girls 1600 meter run

Boys 1600 meter run

Girls 400 meter dash

Boys 400 meter dash

BREAK

Girls 200 meter low hurdles (30")

Boys 200 meter hurdles (33")

Girls 800 meter run

Boys 800 meter run

Girls 200 meter dash

Boys 200 meter dash

Girls 400 meter relay

Boys 400 meter relay

Girls 1600 meter relay

Boys 1600 meter relay