

DUNDY COUNTY STRATTON JUNIOR HIGH TRACK MEET Thursday, April 5th 2018

9:00/10:00 CT

FIELD EVENTS (THREE ATTEMPTS NO FINALS)

<u>Shot put</u>	<u>Discus</u>	<u>High Jump</u>	<u>Pole Vault</u>	<u>Long Jump</u>	<u>Triple Jump</u>
7 th girls	7 th boys	8 th boys	8 th girls	7 th girls	7 th boys
8 th girls	8 th boys	7 th boys	7 th girls	8 th girls	8 th boys
7 th boys	7 th girls	8 th girls	8 th boys	7 th boys	7 th girls
8 th boys	8 th girls	7 th girls	7 th boys	8 th boys	8 th girls

11:30/12:30

RUNNING EVENTS 7th girls, 8th girls, 7th boys, 8th boys

1600 m run
100 hurdles
100 m dash
4 X 100 relay
400 m dash
200 m low hurdles
800 m run
200 m dash
4X400 m relay

Hurdle Race	Age Division	# of Hurdles	Height	Markings
100 meter	All Girls	10	30"	High School
	All Boys	10	33"	High School
200 meter	All	5	30"	45 m to 1 st hurdle/35m between
				15 m to finish, start @ HS 200 m

Shot Put: Boys and girls will use a 4 kilo shot