

DUNDY COUNTY STRATTON JUNIOR HIGH TRACK MEET

Thursday, April 6th 2017

9:00/10:00 CT

FIELD EVENTS (THREE ATTEMPTS NO FINALS)

<u>Shot put</u>	<u>Discus</u>	<u>High Jump</u>	<u>Pole Vault</u>	<u>Long Jump</u>	<u>Triple Jump</u>
7 th girls	7 th boys	8 th boys	8 th girls	7 th girls	7 th boys
8 th girls	8 th boys	7 th boys	7 th girls	8 th girls	8 th boys
7 th boys	7 th girls	8 th girls	8 th boys	7 th boys	7 th girls
8 th boys	8 th girls	7 th girls	7 th boys	8 th boys	8 th boys

11:30/12:30

RUNNING EVENTS 7th girls, 8th girls, 7th boys, 8th boys

7th grade 1200/8th grade 1600

- 100 hurdles
- 100 m dash
- 4 X 100 relay
- 400 m dash
- 185 m low hurdles
- 800 m run
- 200 m dash
- 4X400 m relay

Coaches may pick up ribbons at the conclusion of the final race.

100 meter	7 th and 8 th grade girls	10	30"	High School
185 meter	All	5	30"	45 m to 1 st hurdle/35m between
				15 m to finish, start @ HS 200 m

Shot Put Boys will use a 4 Kilo Girls will use a 6 lb shot