

# CHASE COUNTY SCHOOLS JR. HIGH INVITATIONAL TRACK & FIELD MEET - 2016

## ALL TIMES ARE MOUNTAIN STANDARD TIME

**7:45-8:15 A.M.** No traditional scratch and add meeting. Changes must be made on Athletic.net by **8:15 AM** Tuesday morning. We will have computers available in the press box for anyone that needs to use them. Otherwise use your smartphones to change them on the way. If you have any questions please let me know.

**9:00 A.M.** FIELD EVENTS

<u>Long Jump</u>	<u>Pole Vault</u>	<u>Discus</u>	<u>Shot Put</u>	<u>High Jump</u>	<u>Triple Jump</u>
7th Boys	8th Boys	7th Boys	7th Girls	7th Girls	8th Girls
8th Boys	7th Boys	8th Boys	8th Girls	8th Girls	7th Girls
7th Girls	8th Girls	7th Girls	7th Boys	7th Boys	8th Boys
8th Girls	7th Girls	8th Girls	8th Boys	8th Boys	7th Boys

**Long Jump will be on the west runway.**

**Triple Jump will be on the east runway.**

**Running Events are in the order: 7th Girls, 8th Girls, 7th Boys, 8th Boys**

**All running events are finals: Heated fastest to slowest with eight runners in each heat.**

**10:30 A.M.** 1600 Meter Run

**11:30 A.M.** Girls 100 meter hurdles (30")  
Boys 100 meter hurdles (7th-33"), (8th-36")  
100 Meter Dash  
400 Meter Dash  
400 Meter Relay  
195 Meter Hurdles (30"-all)  
800 Meter Dash  
200 Meter Dash  
1600 Meter Relay